



# BASIC FOODS

Ms. Yancey



Welcome to my class! I am looking forward to working with you this year.

## Covered Topics

Influences on Food Choices

Food Supply

Preparation Techniques

Food Safety

Culture & Cuisine

Food Preparation

Food Science

Nutrition, Health & Wellness

## Required Materials

- Pocket folder or small binder
- Loose leaf paper
- Writing utensil
- Hair ties for hair longer than collar length

## Guidelines for Success in My Classroom

### Be prompt and prepared!

- **Be on time for class** - this class involves projects that require efficiency and thoroughness that are challenging within the established time frame. In order to maximize your learning and the depth of the labs that we are able to conduct, you must enter the classroom ready to work!!!

### Be responsible!

- **Make certain that all materials/ingredients/equipment used during class are returned to their designated location in good/clean condition.**
- Part of your grade is based upon your ability to manage class-time to complete the assigned task and leave our classroom in the same or better condition than you found it.
- I will **not write late passes** for students who have not utilized time in class efficiently!
- If you are unable to complete the cleaning tasks necessary to leave the kitchen in good order, you will be **expected to return during your lunch or achievement center** to finish cleaning your work space!
- You are responsible for completing any missed work! If you are absent from school, please check the Teams files for our class, or see me for any assignments that you may owe.

### Be respectful!

- Use materials and equipment with care and only for its intended use. **DO NOT** sit or lay on the counters!!!!
- **Respect the fact that just because it is in the refrigerator or pantry, it is not your property!** If you did not provide it, do not use/consume it without my permission unless it is part of the lab recipe I have assigned!
- Listen carefully when I am giving directions. This is a critical aspect of your safety and success in this class!
- Show respect for yourself and others. Inappropriate language, name-calling, and any other disrespectful behavior will not be tolerated!

## Assessment

**Homework:** I do not regularly give "homework" for this course. On rare occasions, I may ask you to complete a small task or project outside of class that will support your learning. However, if you choose not to work efficiently in class, you will be expected to complete assigned classwork as homework. (If you need to borrow a textbook to complete any work outside of class, please sign it out on the clipboard).

**Participation:** Your participation in this class is essential and expected. Your participation will be assessed and taken into account when your grade is calculated.

You will be working both independently and with your peers. Sometimes I will allow you to choose your group, but at other times I will assign lab groups. You will be expected to get along with other members of this class in order to meet our necessary objectives. You will be expected to take an equal part in labs requiring groups. You will lose participation points if you "watch" your teammates work.

**Labs/Classwork:** All class work and labs for this class will have a clear due date (usually one class period after it is assigned). You will have ample time during class to complete these assignments, but occasionally you will need to finish them on your own. Kitchen labs will be graded using a rubric that we will discuss before lab work begins. If you are absent, it is your responsibility to obtain the assignments from myself or a classmate.

Missing work will be accepted until the published date of the end of the marking/progress report period. After the five week progress report period, missing work will no longer receive full credit.

**Quizzes:** You will be assessed on your understanding of recently covered topics as we progress throughout this course. **I do not give "pop" quizzes.** I will always give you notice of any upcoming quizzes. You will be responsible for studying and seeking help from me if you do not understand a particular concept.

**Late Work:** You will be provided with a rubric and clear due date for any project assigned in this class. Projects that are not completed by the due date will have five (5) points deducted from your earned grade for each class day that your project is late.

**Let's make 2022-2023 the  
best school year ever!**